



September 2010

EASTERN LOCAL SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



SERVED EVERY DAY FOR BREAKFAST
FORTIFIED DONUTS, CEREAL, JUICE AND MILK

1 EAGLE WRAP
CHEESEBOAT
FRENCH FRIES

2 PIZZA WRAP
HAMBURGER-BUN
PEAS

3 PIZZA
COOKS CHOICE
VEGETABLE

6 NO SCHOOL
LABOR DAY

7 CHIX RINGS-ROLL
YOGURT-CHEESE STIX
MEAL DEAL
CORN
APPLE MUFFIN

8 MAC-CHEESE-ROLL
CREAMED TOMATOES
COTTAGE CHEESE
SALAD PLATE MEAL
DEAL

9 MAKE A WRAP ^P
HAM OR TURKEY
YOU CHOOSE EXTRAS
SCALLOPED POT.

10 PIZZA
COOKS CHOICE
VEGETABLE
FRUIT FILLED FRUDEL

13 BBQ RIB-BUN
FISH-BUN
BROCCOLI-CHEESE

14 TACO WRAP
TACO IN A BAG
SALAD
CINNAMON SOFT
PRETZEL

15 CHIX & NOODLES
ROLL
CHIX FRITTER-BUN
MASHED POT.-
GRAVY

16 EGG-CHEESE WRAP
HAM-EGG-BUN
HASHBROWN STIX

17 PIZZA
COOKS CHOICE
VEGETABLE
FRUIT GRANOLA BAR

20 SOFT TACO
HAM-CHEESE WRAP
CORN

21 HOT DOG-BUN
SLOPPY JOE-BUN
BAKED BEANS
WAFFLES

22 SPAGHETTI
MINI CORN DOGS
ROLL
SALAD

23 CHIX FAJITA WRAP
CHEESEBURGER-
BUN
CURLY FRIES

24 PIZZA
COOKS CHOICE
VEGETABLE
PANCAKES

27 BOSCO STIX-SAUCE
EAGLE WRAP
PEAS

28 PIZZA WRAP
FISH-BUN
SALAD
POPARTS

29 CREAMED CHIX
OVER BISCUIT
CHIX RINGS-ROLL
MASHED POT.-
GRAVY

30 NACHOES CHEESE/
REFRIED BEANS
HAM-CHEESE-BUN
GREEN BEANS

FRUIT CHOICES
AND MILK
SERVED EVERYDAY
FOR LUNCH.



News

MEAL DEALS:

1. COTTAGE CHEESE SALAD PLATE; COTTAGE CHEESE, PINEAPPLE, FRESH TOMATOES AND SOFT PRETZEL.

2. YOGURT, CHEESE STIX, APPLESAUCE, FRESH FRUIT AND SOFT PRETZEL.

Students may or may not take milk with these meals.

If students like these MEAL DEALS we will have these and others on a regular basis.

