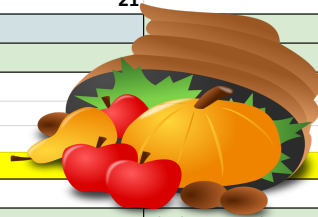


Eastern Local Schools Lunch Menu November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Cheese Stick/Yogurt	Texas Apple Cin. Toast
			Assorted Fresh Fruit	Assorted Fresh Fruit
			Mini Corn Dogs	Pizza
			French Fries/Sweet Potato	Salad- Lettuce/Tom./Spinich/Carrots
			Assorted Fresh Fruit & Applesauce	Fresh Carrots
			Bosco Sticks / Chef Salad	Bosco Sticks/ Chef Salad
5	6	7	8	9
Cereal-	Mini Donuts	Sausage Gravy Pizza	Cinn. Bagel	Chocolate Muffin
Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum
Hot Dog w/Sauce	Chicken Nuggets/Breadstick	Spaghetti/Meat Sauce/Roll	Meatloaf	Pizza or Buffalo Chicken Pizza
Steamed Carrots/Green Beans	Mashed Potatoes & Gravy/Limas	Salad(Let/Tom/Sp/Car) / Steamed Broccoli	Mashed Pot./Gravy / Fresh Broccoli	Salad(Let/Tom/Sp/Car) / Carrots & Celery Sticks
Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum	Apple/Banana/Peach/Plum
Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger
12	13	14	15	16
Cereal-	Pop Tarts	Pancake Sausage on a Stick	EZ Jammer Sandwich	Triple Berry Muffin
Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes
Mac & Cheese/Breadstick	Salsbury Steak/Roll	Sweet & Sour Chicken/BrdStk	Sliced Turkey/Stuffing/Roll	Pizza
Tomato Soup	Mashed Potato/Gravy	Sweet & Sour Cup	Mashed Potatoes/Gravy	Corn
Salad (Lettuce,Spinach,Tomato,Crts.)	Spinich	Steamed Peas	Green Beans	Salad (Lettuce,Spinach,Tomato,Crts.)
	Mandarin Oranges	Fried Rice w Stir Fry Veggies	Apple Crisp/Juice	
Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes	Happy Thanksgiving!	Apple/Banana/Grapes
Popcorn Chicken & Bread Stick	Popcorn Chicken & Bread Stick	Popcorn Chicken & Bread Stick		Popcorn Chicken & Bread Stick
19	20	21	22	23
Cereal-	Chocolate Muffin			
Apple/Bananna	Apple/Bananna			
Cheese Burger/Bun	Pizza			
Bkd Beans/Salad (Lettuce,Spinach,Tomato,Crts.)	Steamed Carrots/Green Beans			
Apple/Banana	Apple/Banana			
Cook's Choice	Cook's Choice			
26	27	28		30
	Cereal	Mini Donuts	Blueberry Bagel	Texas Apple Cin. Toast
	Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes	Apple/Banana/Grapes
	Chicken Patty/Bun	Hot Dog w/ Sauce	Salisbury Steak/Roll	Calzone
	Scalloped Potato	Fries	Mashed Potato/Gravy	Salad- Lettuce/Tom./Spinich/Carrots
	Fresh Broccoli	Spinich	Corn	Fresh Carrot Sticks
	Apple/Banana/Grapes	Apple/Banana/Grapes	Applesauce/Apple/Banana/Grapes	Apple/Banana/Grapes
	Pizza	Pizza	Pizza	Pizza
			Fresh Chef or Caesar Salad served Daily as an option to the Entree. High School may place a salad order with the Elementary Kitchen.	Menu is subject to change. Fat Free and 1% Milk offered Daily for Breakfast and Lunch. Cereal, Juice, and Fruit offered Daily for Breakfast. This Institution is an Equal Opportunity Provider.
				Ranch/French/Italian Dressings/Salsa/Sour Cream/Marinara Sauce/Ketchup/Mustard/BBQ Offered Daily



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