

Eastern Local Schools Lunch Menu December 2018

Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		6		7	
Cereal-		Pop Tarts		Pancake Sausage on a Stick		Cheese Stick/Yogurt		Texas Apple Cin. Toast	
Apple/Banana/Juice		Apple/Banana/Juice		Apple/Banana/Juice		Apple/Banana/Juice		Apple/Banana/Juice	
Bosco Sticks		Mini Corn Dogs		Sweet & Sour Chicken/BrdStk		Salsbury Steak/Roll		Pizza	
Tomato Soup		French Fries		Sweet & Sour Cup		Mashed Potato/Gravy		Salad- Lettuce/Tom./Spinich/Carrots	
Salad (Lettuce,Spinach, Tomato,Crts.)		Spinich		Steamed Peas		Green Beans		Steamed Carrots	
Peaches		Mandarin Oranges		Fried Rice w Stir Fry Veggies		Peaches		Mandarin Oranges	
Apple/Banana/Slushie		Apple/Banana/Slushie		Apple/Banana/Slushie		Apple/Banana/Slushie		Apple/Banana/Slushie	
10		11		12		13		14	
Cereal-		Mini Donuts		Sausage/Egg/Cheese Pizza		Cinn. Bagel		Chocolate Muffin	
Apple /Juice		Apple /Juice		Apple /Juice		Apple /Juice		Apple /Juice	
Hot Dog w/Sauce/Bun		Chicken Nuggets/Breadstick		Cheese Burger/Bun/Pickles		Sliced Ham/Roll		Pizza or Buffalo Chicken Pizza	
Steamed Carrots/Corn		Mashed Potatoes & Gravy/Limas		Salad(Let/Tom/Sp/Car) / Steamed Broccoli		Scalloped Potatoes/Green Beans		Salad(Let/Tom/Sp/Car) / Steamed Cauliflower	
Fruit Salad		Pinapple Chunks		Diced Pears		Apple Crisp/Ice Cream		Diced Peaches	
Apple /Juice		Apple /Slushie		Apple /Juice		Apple /Juice		Apple /Slushie	
17		18		MERRY CHRISTMAS AND HAPPY NEW YEAR!!!					
Cereal		Poptart							
Apple/juice		Apple/juice							
Cook's Choice Entree		Cook's Choice Entree							
Cook's Choice Vegetables		Cook's Choice Vegetables							
Cook's Choice Fruits		Cook's Choice Fruits							
				Fresh Chef or Caesar Salad served Daily as an option to the Entree. High School may place a salad order with the Elementary Kitchen.		Menu is subject to change. Fat Free and 1% Milk offered Daily for Breakfast and Lunch. Cereal, Juice, and Fruit offered Daily for Breakfast. This Institution is an Equal Opportunity Provider.			
								Ranch/French/Italian Dressings/Salsa/Sour Cream/Marinara Sauce/Ketchup/Mustard/BBQ Offered Daily	