

Kindergarten
Mrs. Chris Wilson
Blizzard Bag
Day #1

Blizzard Bag Day 1 Skill Review Sheet

Name _____

1. Have your child read the Sight Words below. Circle any missed words and go back over them 2 times. These words should be read quickly from memory and not sounded out.

three	see	how	a	find	purpl e	the	for
with	be	like	ten	will	so	red	to
here	up	white	I	go	black	zero	no
little	here	yello w	com e	me	seven	look	is
what	four	said	six	can	this	one	yes
orang e	that	jump	we	now	green	five	and
brown	are	blue	am	pink	play	you	two
nine	my	eight					

2. Have your child sound out the following 3 letter short vowel words.

bat	vet	got	mug	fig
get	tot	wig	pat	rug

3. Have your child read the following numbers. Circle any missed numbers and go back over them again.

10	9	3	6	4	2	5	12	7	14
15	1	13	8	11					

3. Have your child read the following sentences 3 times each working on increasing fluency.

- The cat sees a little white rat.
- The sun is hot.
- We see a big jet.
- Can I get a cat?
- This hat is my hat.

4. Have your child count to 100. If your child is unable to reach 100, go back to the transition they struggled on and practice it again.

5. Have your child fill out the following addition problems. The goal is for your child to be able to do these problems "fluently" and from memory, without counters or using their fingers.

$4 + 0 = \underline{\quad}$ $2 + 0 = \underline{\quad}$ $0 + 0 = \underline{\quad}$

$5 + 0 = \underline{\quad}$ $3 + 0 = \underline{\quad}$ $1 + 0 = \underline{\quad}$

$4 + 1 = \underline{\quad}$ $3 + 1 = \underline{\quad}$ $1 + 1 = \underline{\quad}$

$2 + 1 = \underline{\quad}$ $1 + 3 = \underline{\quad}$ $1 + 4 = \underline{\quad}$

$1 + 2 = \underline{\quad}$

6. Write numbers in order from 0-15.

_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____					

7. Write your first and last name on the line below.

Parent's Signature

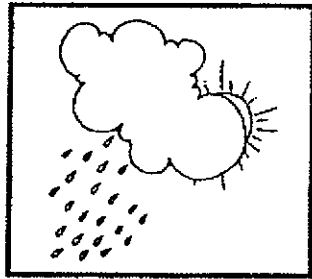
Calamity Day Music Lesson 1
Kindergarten and 1st Grade

Name _____

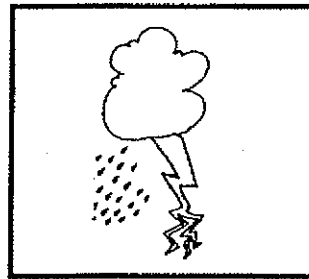


If this Calamity Day is your music day please complete the following assignment and turn in to your music teacher by the next music class.

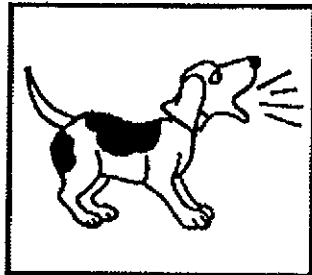
Draw a circle around the correct word.



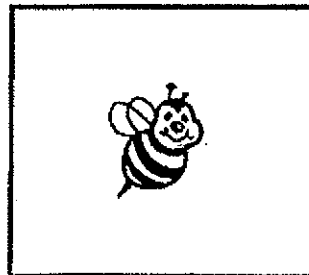
Loud Soft



Loud Soft



Loud Soft



Loud Soft



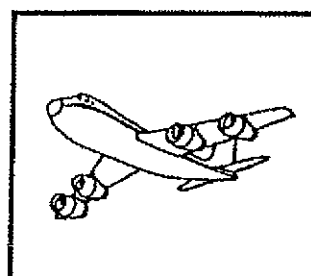
Loud Soft



Loud Soft



Loud Soft



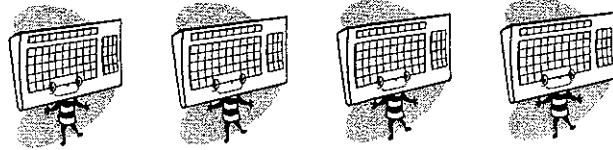
Loud Soft

Computers Rock!!

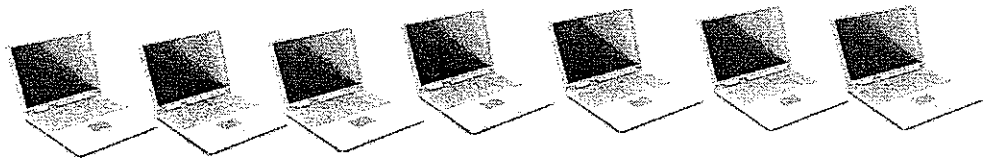
count how many...

Name: _____

keyboards



laptops



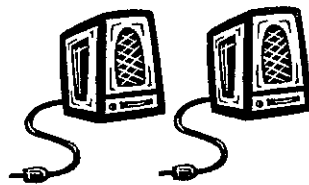
mouse



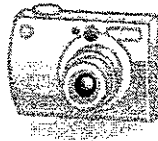
monitors



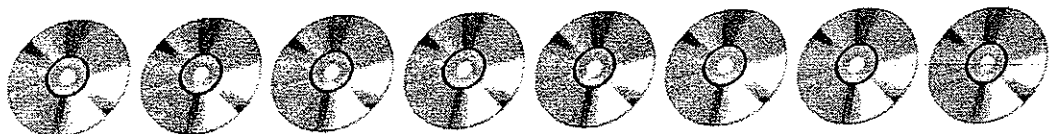
speakers



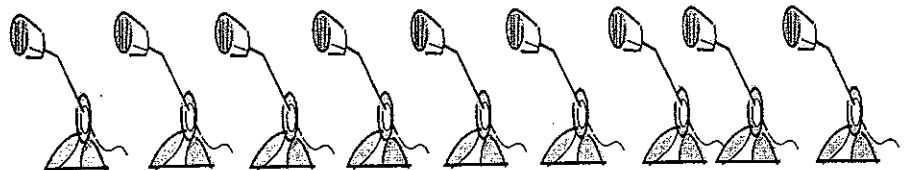
digital camera



CD's



microphones



Blizzard Bag #1 Physical Education Grades K-2 Name: _____

**** Put on some of your favorite music to pump you up!!!

Warm-up: Jog in place for 30 seconds, then rest for 30 seconds. Repeat this 4 times.
(work on lifting knees and maintaining good tall posture)
Do 5 push-ups then roll over and do 5 sit-ups immediately, then stand up
And do 10 jumping jacks. Rest briefly, then repeat 2 more times.

Form Run Workout: Pick a hallway or open space. 10 yards long or so.
Do these activities: 1) Jog 2) Gallop 3) Skip 4) Frog Jumps 5) Side Shuffle or
Defensive Slides 6) Carioca 7) Backward Run

Wall Sit: Pick a wall and try to form a human chair with a flat back and square angle leg position. Put a book on your lap and try to keep it flat for as long as your can hold it up. Watch the clock to see how long you can hold it!

Pulse Checks

Put your first two fingers together at the spot on your neck directly below your jaw to get the feel of your pulse. Have someone time 6 seconds as you count the number of beats you feel. Multiply by 10 to check your heart rate. This will tell you how many times your heart beats in a minute.

Try to do something active inside or out to make good use of your day off.

Parent Signature needed for credit!

Signature _____

Date _____